



PERSON-CENTERED AND INTEGRATED CARE FOR PATIENTS WITH COMPLEX NEEDS

A NORWEGIAN CASE ON HOW TO MOVE FROM CONCEPT TO NEW EVIDENCE BASED HEALTH CARE SERVICE

30.MAY 2024
AKERSHUS UNIVERSITY HOSPITAL
NORWAY

Olav Lenvik

Bendik Hegna

Akershus University Hospital 2024

Catchment area: 618.000

21 municipalities3 Oslo districts











Local area hospital

- from birth to end-of-life care
- local area functions, acute and elective
- the country's largest emergency hospital

University hospital with significant research and educational activity.

309 beds Mental Health and Substance Abuse 837 beds Somatic

12 000 employees



BACKGROUND



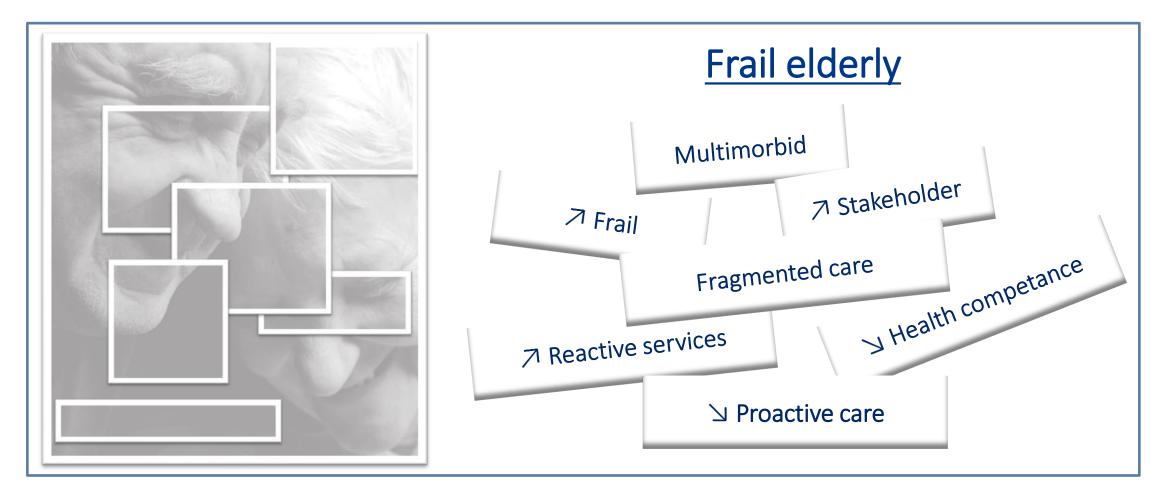
Collaboration on vulnerable patients is an initiative that is addressed in several strategies:

- National Health and Hospital Plan 2020-2023
- Regional and Local Development Plan 2040
- Plan for the local Health Community 2023-2026





CHARACTERISTICS









• • • AKERSHUS UNIVERSITY HOSPITAL

5 municipalities









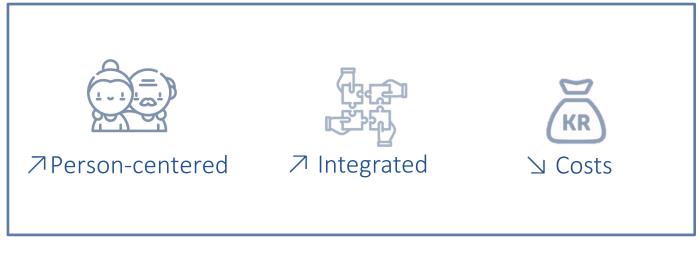




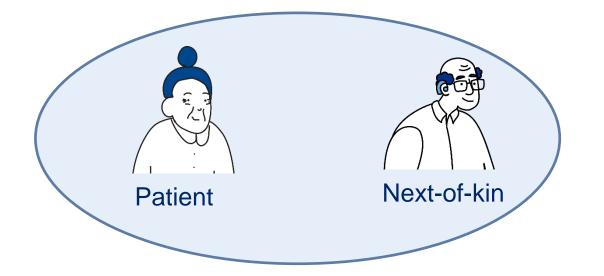
PURPOSE

Improve quality of life and healthcare for frail elderly with complex needs and a high consumption of healthcare services

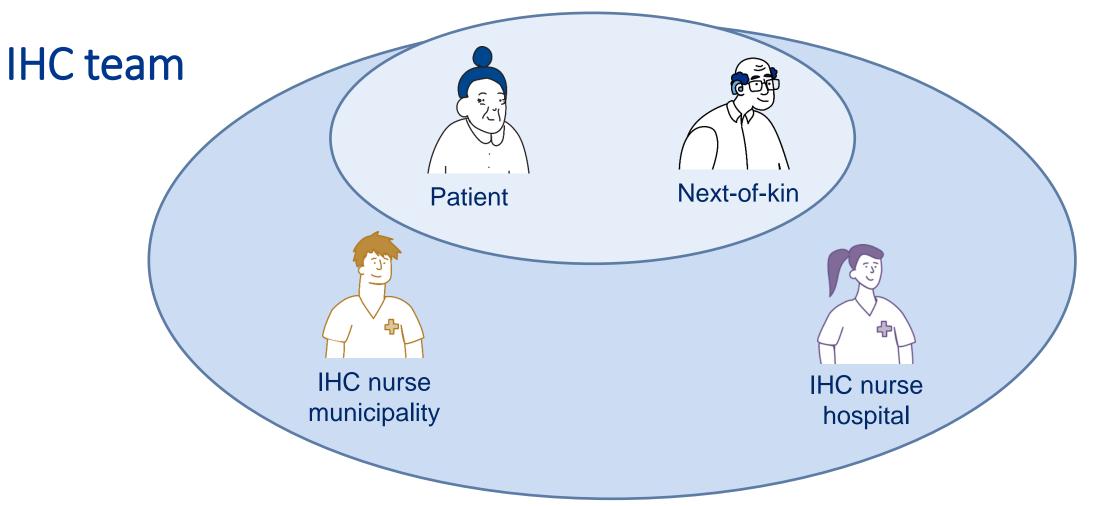




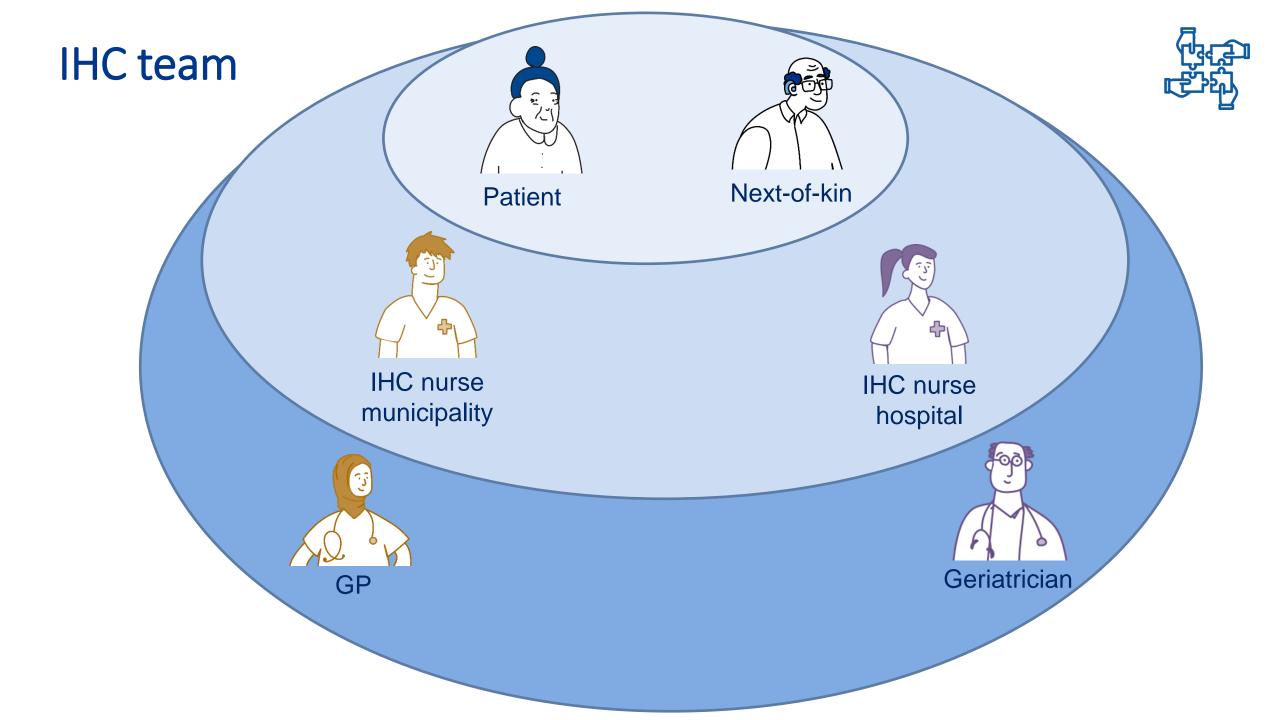
IHC team

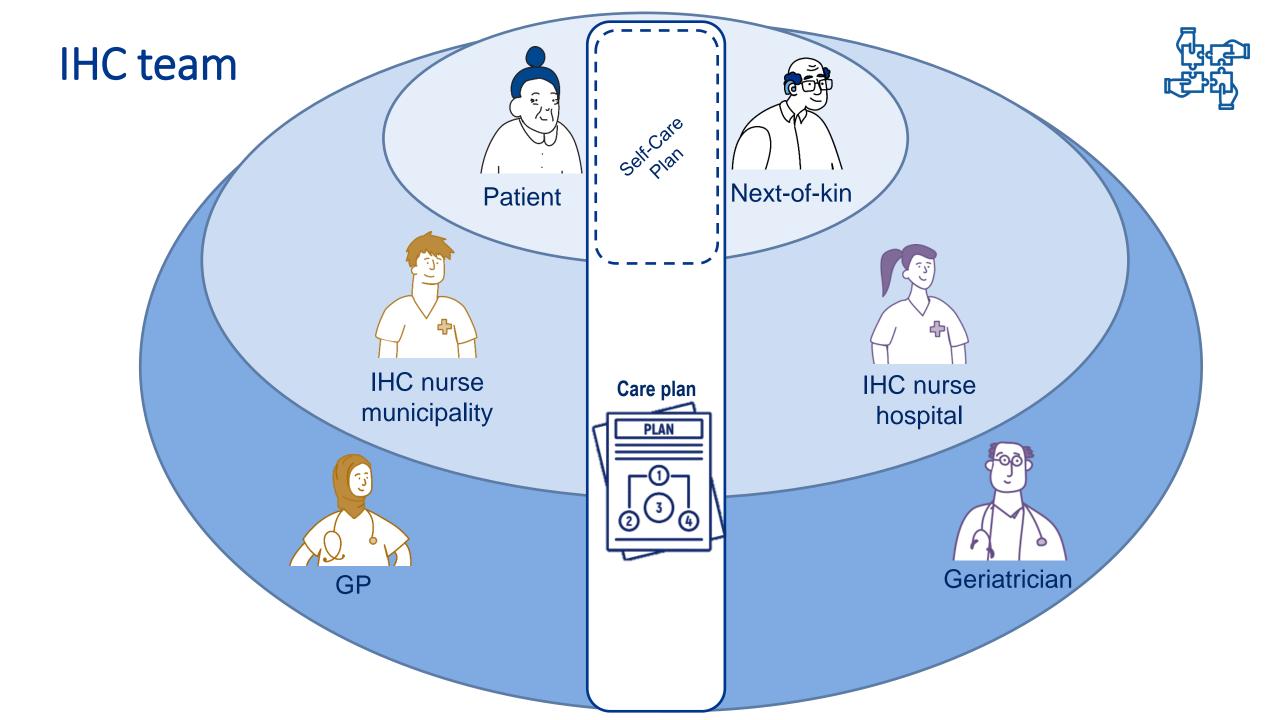














IDENTIFICATION



Identification app

Referrals

Patient consent

INCLUSION



Is the person suitable for IHC?

Electronic notification GP

MAPPING



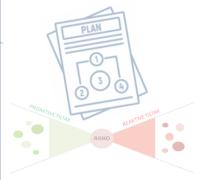
Home visit

- habitual state

Mapping:

- Patient's goals
- Resources
- Risks
- Healthcare needs

FOLLOW-UP



Care plan:

- Person-centered
- Holistic

Goal oriented Risk stratified Action plan Self-Care Plan

CARE PLAN



Care plan

- follow up period

Need-based:

- Patient contact
- Supervision

EVALUATION



> 6 months

Goals achieved?
State of health?
Update care plan?



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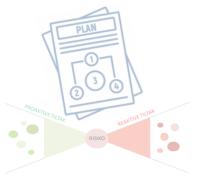
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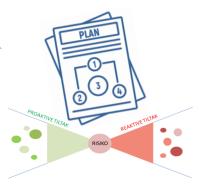
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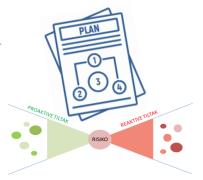
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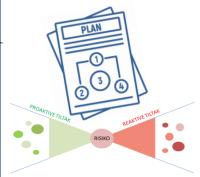
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APPLICATIONS





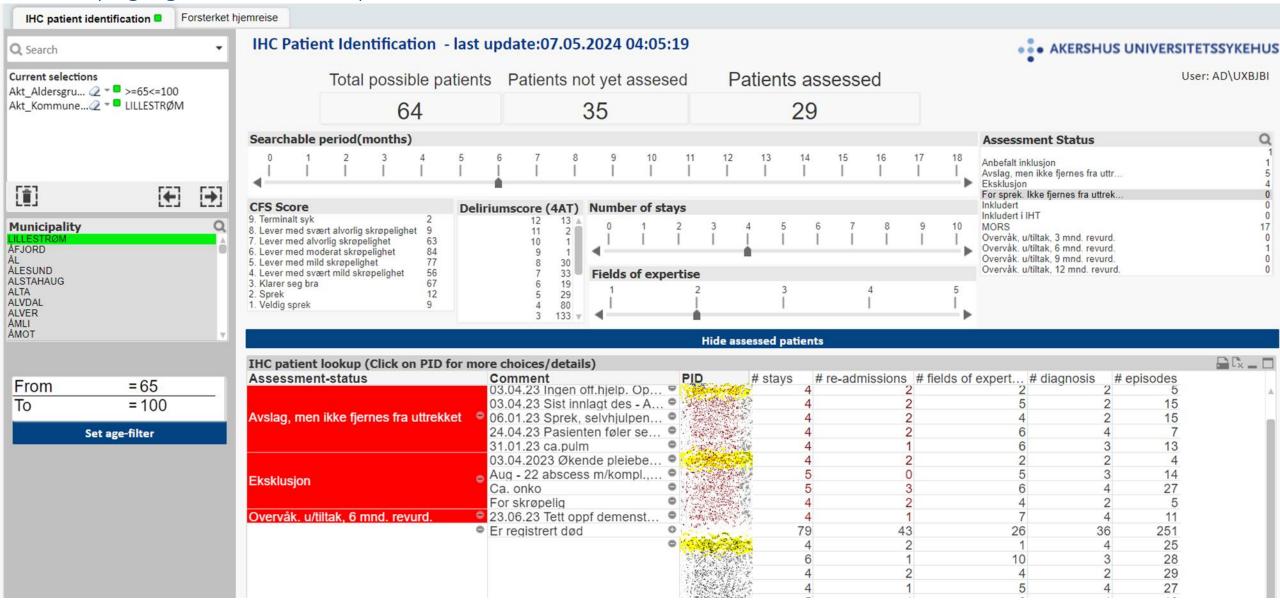
IDENTIFICATION APPLICATION

Identify potential patients

PATHWAY APPLICATION

• Follow up the IHC-patients

ANALYTICAL APPLICATION



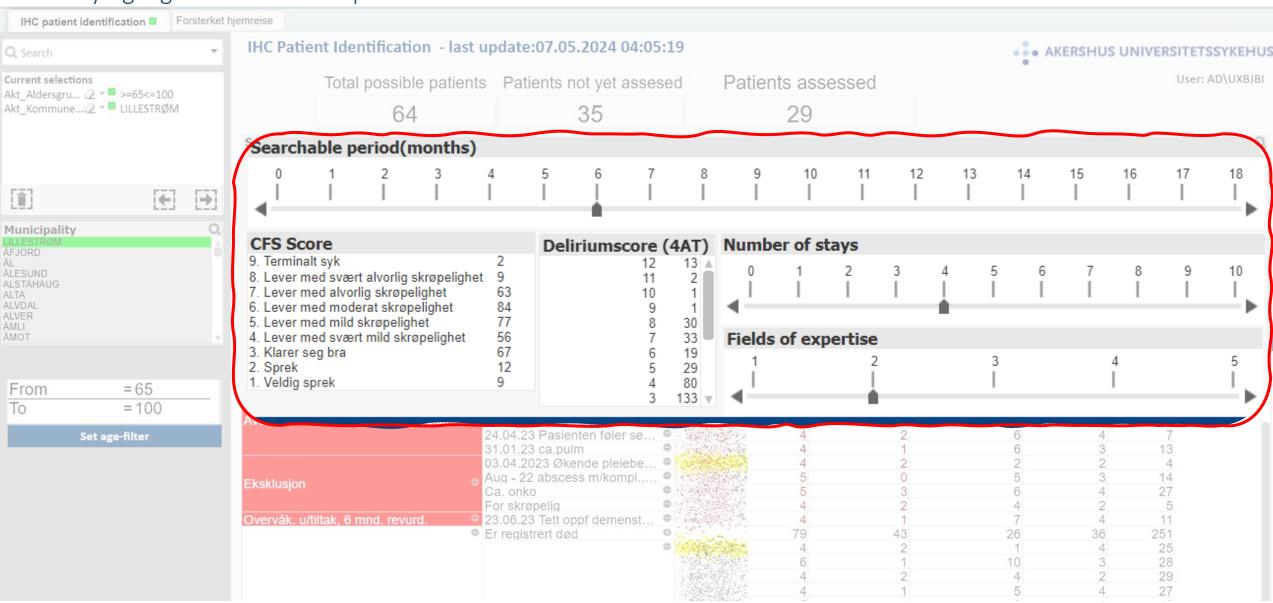




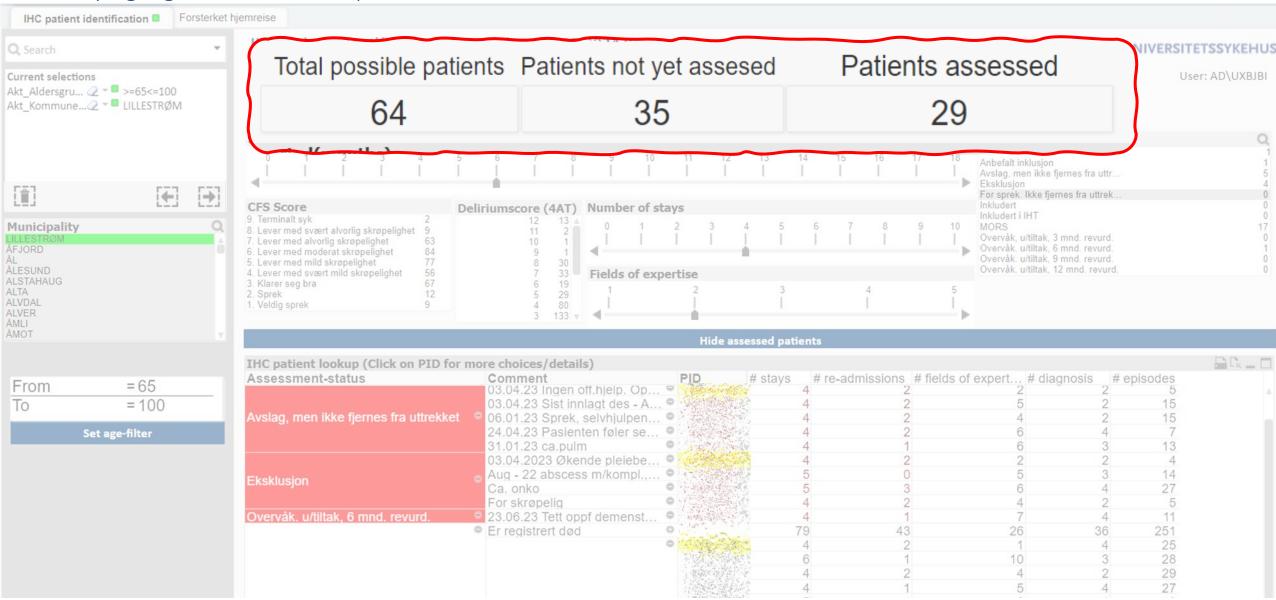




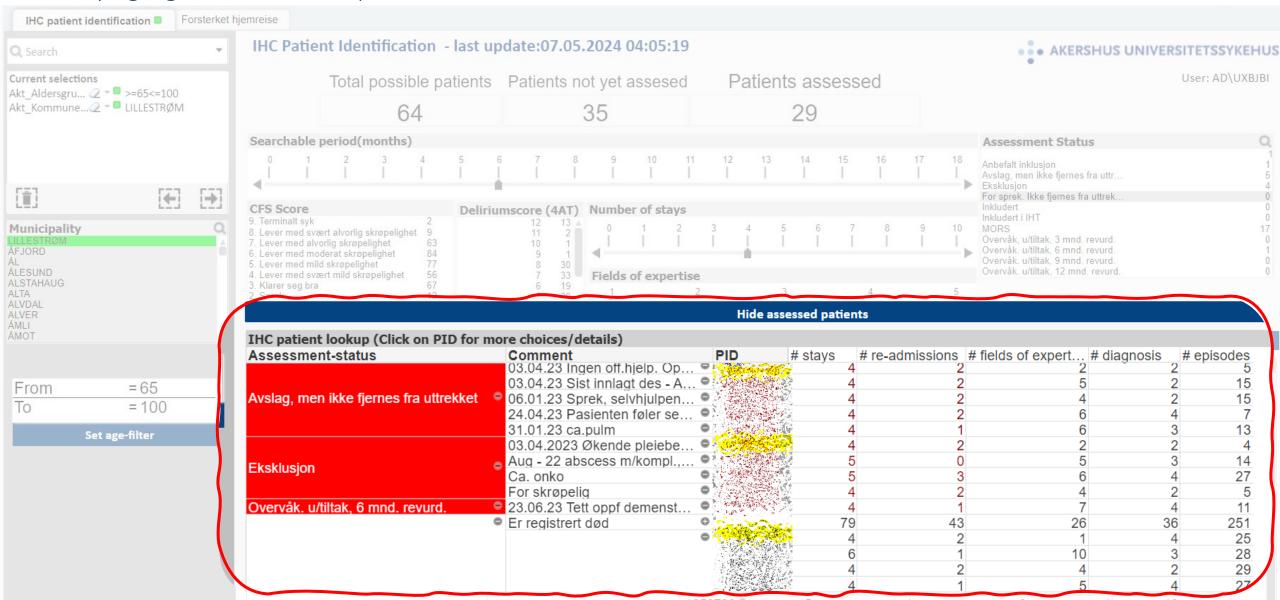












PATHWAY CODES (PROCEDURE CODES)

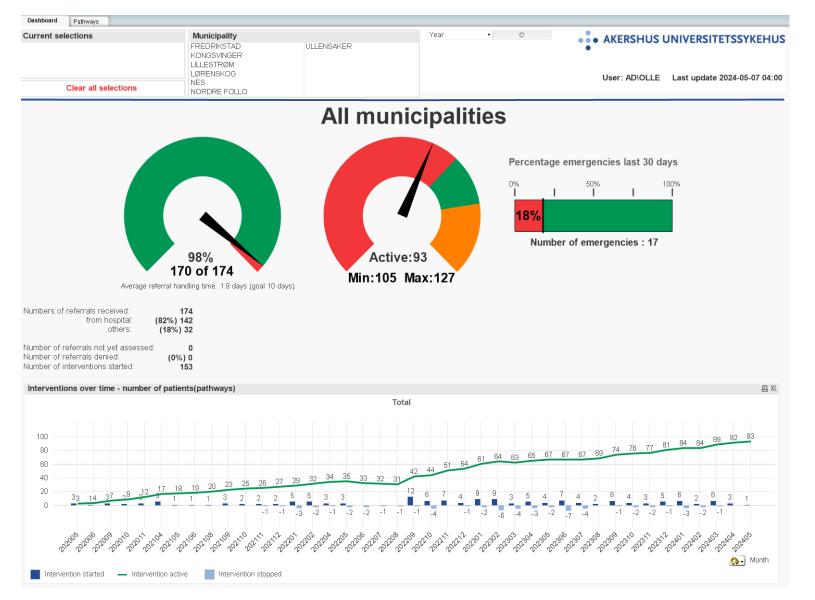
a prerequisite for the development of applications



Pathway	Code	Description
IHT DEP	IHT1AA	IHT DEP; start pathway; all onboard
IHT DEP	IHT1FB	IHT DEP; init treat.; Careplan created
IHT DEP	IHT1FE	IHT DEP; evaluation
IHT DEP	IHT1FK	IHT DEP; init treat.; Mapping done
IHT DEP	IHTFO3	IHT DEP; surveillance 3 months
IHT DEP	IHTFO6	IHT DEP; surveillance 6 months
IHT DEP	IHT1FX1	IHT DEP; terminated; patient
IHT DEP	IHT1FX2	IHT DEP; terminated; ihc team
IHT DEP	IHT1FX3	IHT DEP; terminated; mors
IHT DEP	IHT1FX4	IHT DEP; terminated; too sick
IHT DEP	IHT1FX5	IHT DEP; terminated; too fit
IHT DEP	IHT1FX6	IHT DEP; terminated; other

PATHWAY APPLICATION

Tracking and monitoring the IHC-patients

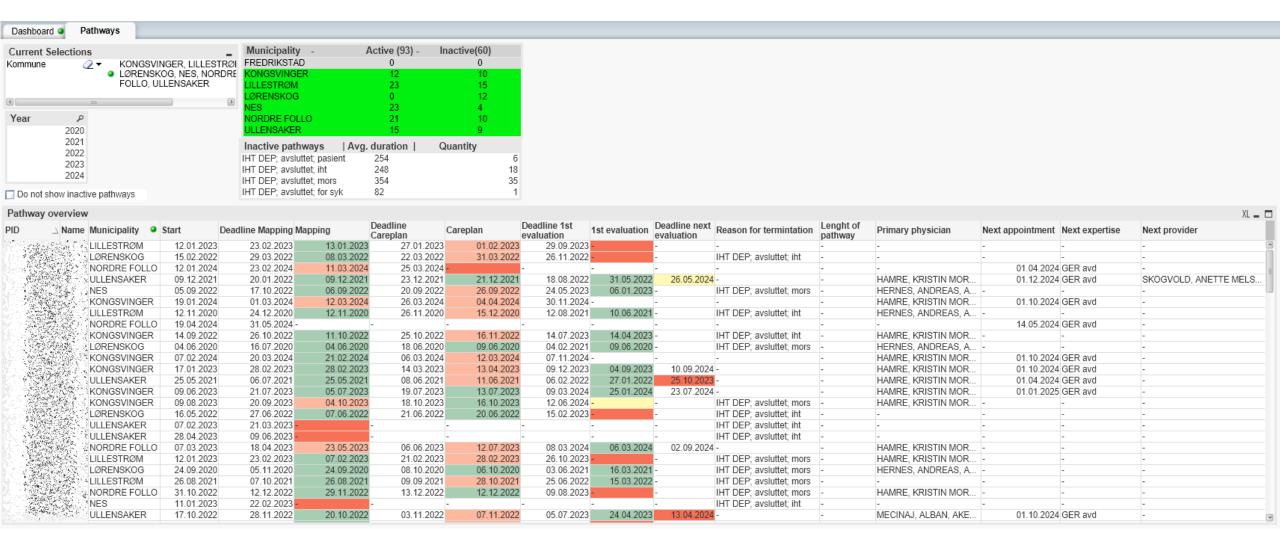




PATHWAY APPLICATION

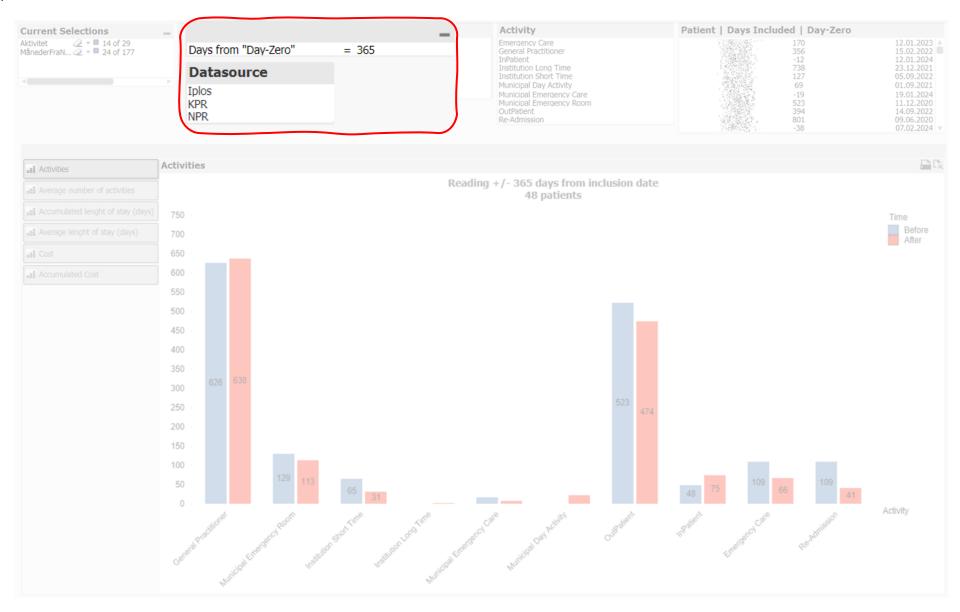
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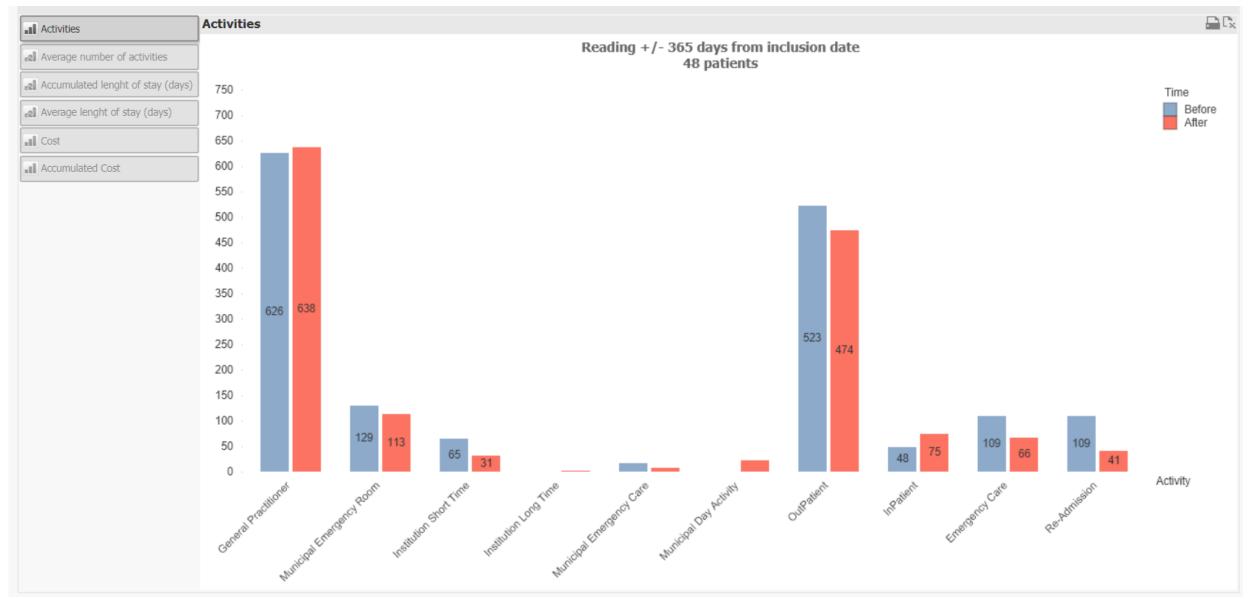


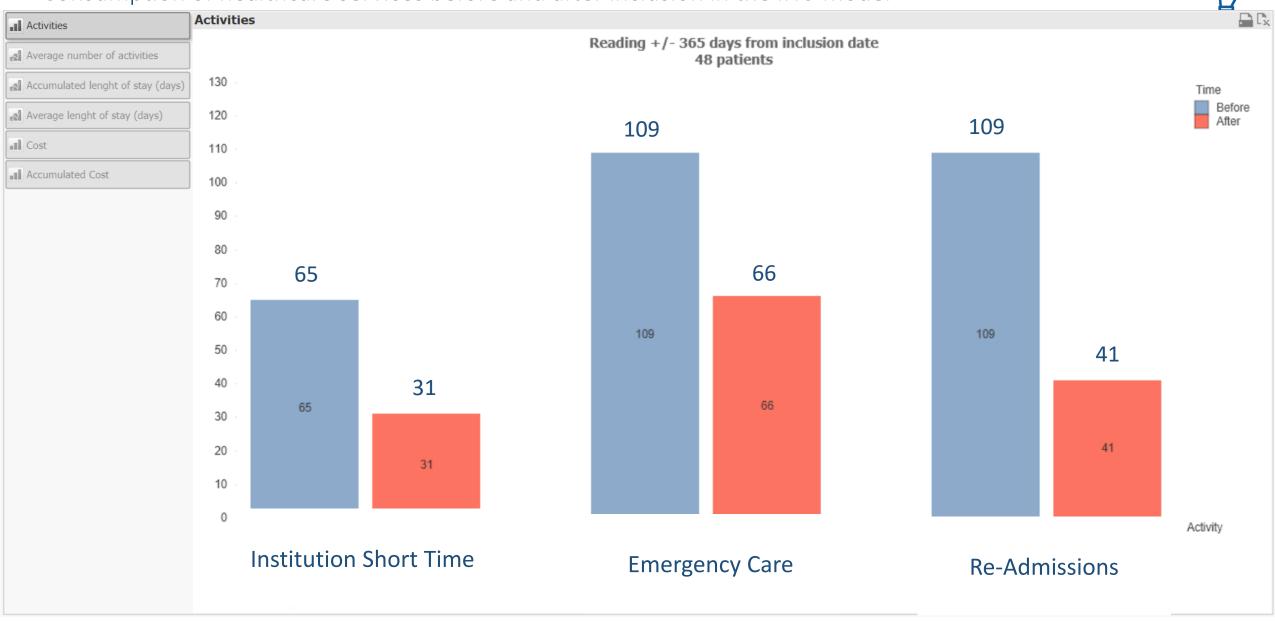






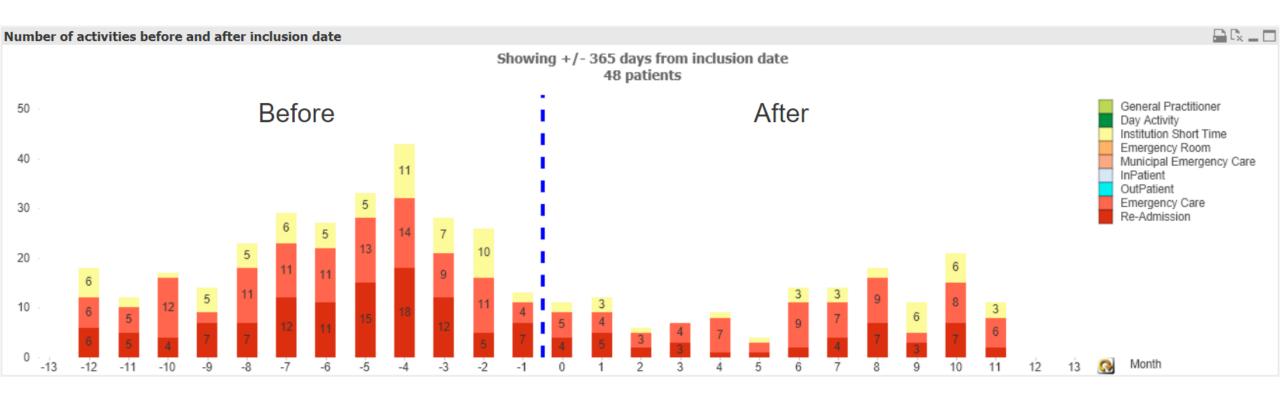






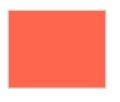
Consumption of healthcare services before and after inclusion in the IHC-model







Institution Short Time

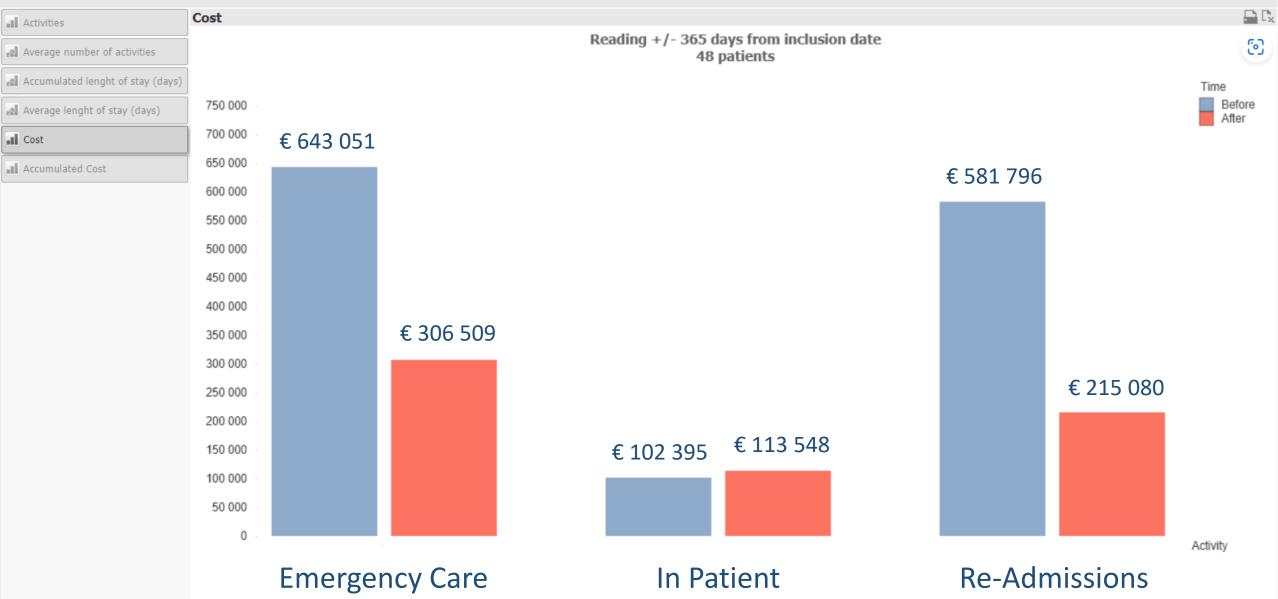


Emergency Care



Re-Admission







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